

# Are you ready to learn how to make kinder, greener, healthier choices?

Are you ready to embark on a simple lifestyle change that will make a **HUGE** difference to your health, the animals and our environment?

Join our free 30 Day Vegan challenge today and you will receive a daily email which includes:

- \* Health tips from naturopath Robyn Chuter
- \* Advice on managing change with psychologist Clare Mann
- \* Delicious recipes vegan chef Cassie Heneghan
- \* Links, tips and a daily assignment from the founder of Sydney Vegan Club, Kym Staton.
- \* Invites to our monthly support meetings
- \* Invites to our other meetups and events
- \* An optional mentor for advice and support via email!

So what are you waiting for? Get started on the easy road to a kinder lifestyle TODAY! Your 30 days to a cruelty-free life begins as soon as you complete the form below and we'll be in touch within an hour with your first days program!

[Sign up](#)

Want a sneak preview? Check out the challenge pages >> [here](#)